

2023 PIAA District 3 Girls 3A Championships - 3/3/2023 to 3/4/2023

Champion automatically qualifies for PIAA Championships

Psych Sheet

Event 1 Girls 200 Yard Medley Relay

District: 1:42.98 2/28/2014 Hershey

M Raab, V Tafuto, G Broschard, K Buchanan

Pool Record: 1:42.98 2/28/2014 Hershey High School

M Raab, V Tafuto, G Brochard, K Buchanan

Team	Relay	Seed Time
1	Wilson	1:47.57
2	Hershey	1:48.09
3	Cumberland Val	1:48.16
4	Central York	1:50.52
5	Manheim Township	1:51.29
6	Exeter Township	1:51.60
7	Carlisle	1:52.92
8	South Western	1:53.22
9	Governor Mifflin	1:53.50
10	Muhlenberg	1:53.90
11	E-Town	1:54.26
12	Warwick	1:54.52
13	Hempfield	1:54.59
14	Ephrata	1:55.36
15	Chambersburg	1:56.35
16	Cedar Cliff	1:56.63
17	Central Dauphin	1:57.60
18	Spring Grove	1:57.91
19	Penn Manor	1:58.04
20	Red Lion	1:58.07
21	Dover	1:58.13
22	Cedar Crest	1:59.39
23	Lower Dauphin	2:01.09
24	Northern	2:01.45
25	Palmyra	2:02.14
26	Gettysburg	2:03.60
27	Northeastern	2:05.20
28	Shippensburg	2:08.69

Event 2 Girls 200 Yard Freestyle

District: 1:45.93 3/1/2013 Meaghan Raab

Pool Record: 1:45.93 2/28/2014 Meghan Raab

Name	Yr	School	Seed Time
1	Sydney Gring	SR Muhlenberg	1:47.68
2	Natalie Colarossi	JR Hershey	1:51.62
3	Megan Unruh	SR Exeter Township	1:51.89
4	Ava Knopsnyder	SO Ephrata	1:53.68
5	Addie Scott	12 Solanco	1:54.54
6	Mary Carl	SR Exeter Township	1:54.77
7	Madeline Coombs	11 Carlisle	1:55.89
8	Gabrielle Istenes	SR Exeter Township	1:55.96
9	Ellie Friedlander	SR Governor Mifflin	1:56.34
10	Lydia Williams	10 Dallastown	1:57.09
11	Annabelle Hoover	JR Mechanicsburg	1:57.25
12	Maddie Buss	11 Central York	1:57.83
13	Evelyn Quick	FR Wilson	1:58.32
14	Aubrey Cramer	FR Cumberland Val	1:58.73
15	Kaylee Cipolla	SO Governor Mifflin	1:58.91
16	Jenna Krawlzik	JR Wilson	1:59.51
17	Madelyn Klinger	FR Reading	1:59.92

18	Morgan Lantz	JR Palmyra	2:00.14
19	Carol Fabian	Hempfield	2:00.70
20	Lillian Farmer	Hempfield	2:00.71
21	Morgan Keefer	SO Northern	2:00.81
22	Evelyn Williams	JR Wilson	2:00.85
23	Kinsey Coomes	SR Cumberland Val	2:01.17
24	Nevaeh Houck	SO Wilson	2:01.27
25	Vivian Rogers	JR Exeter Township	2:01.62
26	Madison Bortner	11 Spring Grove	2:01.66
27	Morgan Conway	JR E-Town	2:02.08
28	Kendall Stringe	Hempfield	2:02.10
29	Mackenzie Beerman	SR Governor Mifflin	2:02.50
30	Mikayla Seymour	SO Governor Mifflin	2:03.30
31	Laney Broadbent	SO Cumberland Val	2:03.33
32	Caroline Hancock	FR Cumberland Val	2:04.52
33	Nora Craig	12 Dover	2:04.59
34	Lillian Evans	SO Chambersburg	2:04.83
35	Campbell Kurilla	10 Central York	2:05.16
36	Elizabeth Gobin	12 Carlisle	2:05.80
37	Emma Fickett	SO Hershey	2:06.11
38	Brenna Kretschman	JR Mechanicsburg	2:06.56
39	Linnea Miller	SO Warwick	2:07.21
40	Abby Anson	FR Central Dauphin	2:07.48
41	Megan Martin	SO Ephrata	2:07.91
42	Madison Kimmel	SR Ephrata	2:08.43
43	Chloe Ludwick	FR Cedar Cliff	2:09.85
44	Bella Rudy	SR Mechanicsburg	2:10.16
45	Katherine Gaalswyk	SO Manheim Township	2:11.84
46	Delaney Woerner	09 Red Lion	2:12.08
47	Carolyn Eisenbach	JR Warwick	2:12.66
48	Megan Claar	SR Palmyra	2:13.29
49	Kylie Ramsey	JR Shippensburg	2:15.80
50	Emma Klimchock	12 Central York	2:16.84
51	Lorelei Grove	12 Red Lion	2:16.85
52	Sydney Gray	SR Mechanicsburg	2:19.29
53	Sophia Nestler	10 Spring Grove	2:19.36
54	Addison Brown	SO Shippensburg	2:21.30
55	Kimberlyn Beeler	JR Shippensburg	2:21.62
56	Sophiya Reznikov	SO Northern	2:28.89

Event 3 Girls 200 Yard IM

District: 1:59.07 2/28/2014 Meaghan Raab

Pool Record: 1:59.07 2/28/2014 Meaghan Raab

Name	Yr	School	Seed Time
1	Sydney Stasz	SR Hershey	2:06.41
2	Madeline Serfass	JR Hershey	2:07.19
3	Mia Parry	FR Garden Spot	2:07.77
4	Jayla Eckert	9 Central York	2:08.85
5	Kayla Parry	SR Garden Spot	2:09.83
6	Morgan Valeriano	SR Wilson	2:11.29
7	Ashley Rauhauser	12 Spring Grove	2:11.50
8	Ana Tate	12 Central York	2:11.57
9	Margot Ritchie	FR Chambersburg	2:13.38
10	Lexi Stambaugh	SO Wilson	2:13.75
11	Bella Wilkinson	10 Dallastown	2:14.15
12	Melanie Hahn	SR Warwick	2:15.15
13	Samantha Linsey	JR Cedar Cliff	2:15.70

2023 PIAA District 3 Girls 3A Championships - 3/3/2023 to 3/4/2023

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Psych Sheet

Event 3 ...(Girls 200 Yard IM)

Name	Yr	School	Seed Time
14 Katie Chang	SO	Cumberland Val	2:17.03
15 Mackenzie Caron	SO	Governor Mifflin	2:17.10
16 Sadie Ludwick	JR	Cedar Cliff	2:18.15
17 Zoya Hasan	JR	Cumberland Val	2:18.22
18 Caroline Schweigert		Hempfield	2:18.32
19 Anna Burrowes	JR	Manheim Township	2:18.47
20 Kauri Parsons	JR	Ephrata	2:18.64
21 Mikayla Arthur	JR	Wilson	2:19.40
22 Makayla Yellets	JR	Muhlenberg	2:19.81
23 Skylar Black	JR	Hershey	2:20.30
24 Abby Berarducci	JR	Palmyra	2:20.44
25 Melanie Robertson	12	Carlisle	2:20.51
26 Emily Taylor		Hempfield	2:20.75
27 Avery Wenzel	JR	Wilson	2:21.50
28 Alison Fink	SO	E-Town	2:22.08
29 Amelia Fanning	SO	Exeter Township	2:22.38
30 Ryleigh Czerwinski	11	Red Lion	2:23.11
31 Kenzie Wolpert	FR	Penn Manor	2:23.30
32 Chloe Albrecht	10	South Western	2:24.11
33 Allison Tinsley	FR	Cumberland Val	2:24.54
34 Julia Garber	SO	E-Town	2:25.07
35 Berenice Araiza	JR	Cumberland Val	2:25.36
36 Colby Cox	11	Carlisle	2:25.67
37 MaryAlice Craig	11	Dover	2:26.38
38 Kathryn Fives	11	Central York	2:26.66
39 Emily Coombs	9	Carlisle	2:27.54
40 Haley Minnich	JR	Governor Mifflin	2:27.68
41 Elizabeth Anthony	SR	Northern	2:28.48
42 Marina Weidman	JR	Lower Dauphin	2:28.49
43 Elise Brelsford	FR	Lower Dauphin	2:28.58
44 Mia Pegher	FR	Lower Dauphin	2:29.52
45 Morgan Bishop	SO	Gettysburg	2:30.20
46 Hayley Brown	SO	Exeter Township	2:31.48
47 Victoria Grim	JR	Exeter Township	2:31.58
48 Mia Lamparter	9	Dover	2:31.88
49 Payton Wagner	JR	Exeter Township	2:32.47
50 Alexis Binkley	JR	Lebanon	2:33.84
51 Maya Trowbridge		Hempfield	2:33.90
52 Rebekah Reaver	JR	Gettysburg	2:34.25
53 Avery Zodet		Hempfield	2:34.43
54 Caitlyn Martin	12	Spring Grove	2:34.83
55 Taylor Sholl	SR	Muhlenberg	2:37.55
56 Eliza Hockenberry	FR	Shippensburg	2:40.69
57 Bella Roeting	FR	Lower Dauphin	2:42.40
58 Leah Kochert	9	Central York	2:45.15

Event 4 Girls 50 Yard Freestyle

Name	Yr	School	Seed Time
1 Julia Havice	11	Dallastown	23.90
2 Shailla Mejia		Daniel Boone	24.45
3 June Grim	FR	Exeter Township	24.55
4 Emma Dougherty	SO	Wilson	24.56
5 Tenra Adams	JR	Warwick	24.62

6 Madalee Roberts	SO	Wilson	24.69
7 Lydia McMullen	JR	Hershey	24.74
8 Mary Boone	FR	Cumberland Val	24.77
9 Leah Leonard	12	South Western	24.82
10 Kathryn Tanis	SR	Muhlenberg	24.88
11 Emilie Mosner	JR	Manheim Township	24.94
12 Hanna Aggen	12	Red Lion	25.23
13 Madison Cunningham	SR	Wilson	25.25
14 Rondreizelle Colina	JR	Cumberland Val	25.25
15 Layne Rydbom	SR	Chambersburg	25.34
16 Micah Wiglesworth		Hempfield	25.34
17 Brenna Tinsley	SR	Cumberland Val	25.38
18 Riley Sauder	10	Central York	25.43
19 Nadia Medianick	SO	Governor Mifflin	25.46
20 Cath Martin	JR	Hershey	25.59
21 Mya Beck	JR	Waynesboro	25.61
22 Hailey Webster	JR	Governor Mifflin	25.72
23 Araceli Skiles	SR	Cumberland Val	25.77
24 Anna Koger		Hempfield	25.78
25 Sydney Strieb	SO	Wilson	25.85
26 Emerson Mandrell	SO	Manheim Township	26.02
27 Maya Brainard	SO	Gettysburg	26.02
28 Brenna Naddeo	SR	Waynesboro	26.04
29 Shelby Heberlig	SO	Shippensburg	26.04
30 Sarah Czapp	12	Spring Grove	26.07
31 Genna McDonald	SR	E-Town	26.11
32 Grace Bresch	SR	Penn Manor	26.24
33 Tessa Cronin	SO	E-Town	26.26
34 Courtney Foose	JR	Mechanicsburg	26.27
35 Sarah Althouse	SR	Muhlenberg	26.33
36 Madelyn Shifler	JR	Chambersburg	26.45
37 Adrianna Anujin	SO	Manheim Township	26.48
38 Izzy Ward	SR	Northeastern	26.48
39 Julia Yates	12	South Western	26.50
40 Emma Swanson	SR	Waynesboro	26.59
41 Alison Keim	JR	Exeter Township	26.61
42 Hailey Fegan	JR	Chambersburg	26.65
43 Olivia Hirst	FR	E-Town	26.83
44 Issy Beck	JR	Hershey	26.84
45 Marianna Ott	JR	Reading	26.85
46 Masin Starner	10	Northeastern	26.85
47 Isabelle Heisey		Hempfield	26.88
48 McKenzie Wicks	JR	Chambersburg	26.95
49 Addy Dunlop	SO	Gettysburg	26.98
50 Rylee Oliphant	12	Red Lion	27.07
51 Madalyn Kauffman	FR	Shippensburg	27.15
52 Tristen Thomas	10	Dover	27.18
53 Karlie LaFaver	JR	Muhlenberg	27.24
54 Becca Grove	12	Dover	27.26
55 Evangeline Steckiel	SO	Governor Mifflin	27.37
56 Eliza Burrage	11	Dover	27.44
57 Carlee Erikson	FR	Mechanicsburg	27.48
58 Yassmin Houkasse		Red Land	27.55
59 Sofie Ulatowski	JR	Exeter Township	27.73
60 Kathryn Wyrick	11	Spring Grove	28.07
61 Erica Buchheister	SR	Shippensburg	28.09
62 Mackenzie Curry	SR	Palmyra	28.69

2023 PIAA District 3 Girls 3A Championships - 3/3/2023 to 3/4/2023

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Psych Sheet

Event 4 ... (Girls 50 Yard Freestyle)

Name	Yr	School	Seed Time	
63	Ava Frontino	SO	Shippensburg	28.70
64	Liberty Dorsey	SR	Northern	28.72
65	Chloe Ilgenfritz	09	Spring Grove	28.86
66	Katelyn McKenney	SO	Mechanicsburg	28.86
67	Maddy Mansell	SO	Northern	29.21
68	Addison Brown	SO	Shippensburg	29.49
69	Faith Fausnight	SO	Lower Dauphin	32.95
70	Maddy Weeter	FR	Lower Dauphin	36.71
71	Livia Poticna	SR	Lower Dauphin	46.03

Event 5 Girls 100 Yard Butterfly

District:	53.60	2/27/2009	Kathleen Nolan	
Pool Record:	53.60	2009	Katie Nolan	
Name	Yr	School	Seed Time	
1	Cali Oyerly	SR	Hershey	55.77
2	Olivia Vecchio	SO	Wilson	57.47
3	Lauren Ramsey	SR	Exeter Township	58.15
4	Kayla Parry	SR	Garden Spot	58.23
5	Addison Buckman	FR	Cumberland Val	58.52
6	Jayla Eckert	9	Central York	58.90
7	Eve Phillips	SO	Waynesboro	58.95
8	Katelyn Spann	JR	Wilson	1:00.12
9	Andrea Nguyen	SR	Cumberland Val	1:00.24
10	Madelyn Klinger	FR	Reading	1:00.37
11	Sara DeLoretta	JR	Governor Mifflin	1:00.68
12	Alexis Nonnemacher	SO	Exeter Township	1:00.73
13	Sydney Strieb	SO	Wilson	1:00.83
14	Cami Schwartz	FR	Manheim Township	1:01.13
15	Rachael Hess	JR	Muhlenberg	1:01.25
16	Madison Cunningham	SR	Wilson	1:01.26
17	Addy Zimmerman	FR	Ephrata	1:01.51
18	Bria Burkholder	SO	Ephrata	1:01.66
19	Eliza Sandhaus	JR	Cumberland Val	1:02.02
20	Leia Wolf	JR	Muhlenberg	1:02.27
21	Abby Caltrider	JR	Chambersburg	1:02.46
22	Allie Ludwig	FR	Ephrata	1:02.80
23	Riley Sauder	10	Central York	1:02.80
24	Aaliyah Zimmerman	11	Northeastern	1:02.90
25	Adelaide Pusey	SO	Warwick	1:03.00
26	Caitlyn Bookamy	12	Central York	1:03.09
27	Samantha Linsey	JR	Cedar Cliff	1:03.15
28	Alison Fink	SO	E-Town	1:03.23
29	Lacey Noble	JR	Cumberland Val	1:03.80
30	Carla Hidalgo	SO	Lebanon	1:03.94
31	Emma Friedlander	JR	Governor Mifflin	1:04.20
32	Elayna Stubbe	SR	Central Dauphin	1:04.23
33	Kenna Follweiler	SO	Muhlenberg	1:04.44
34	Victoria Grim	JR	Exeter Township	1:04.58
35	Johana Paparo	SO	Manheim Township	1:04.62
36	Olivia Tipton	SR	Exeter Township	1:04.70
37	Taylor Sholl	SR	Muhlenberg	1:04.85
38	Savannah Pentz	SR	Northern	1:04.93
39	Sarah Ballou	10	South Western	1:05.23
40	Sydney Brown	10	Dallastown	1:05.34
41	Maddie Schoenbaum	JR	Palmyra	1:05.59

42	Marina Weidman	JR	Lower Dauphin	1:05.60
43	Alexia Calugar	09	Spring Grove	1:06.69
44	Mia Pegher	FR	Lower Dauphin	1:06.79
45	Evangeline Steckiel	SO	Governor Mifflin	1:07.00
46	Mary Grace Zumbrun	09	South Western	1:07.63
47	Avery Zodet		Hempfield	1:07.79
48	Eden Smith	9	Dover	1:07.88
49	Emma Sheridan	12	Spring Grove	1:09.86
50	Mackenzie Curry	SR	Palmyra	1:10.64
51	Eliza Hockenberry	FR	Shippensburg	1:10.97
52	Delaney Woerner	09	Red Lion	1:11.05

Event 6 Girls 200 Yard Freestyle Relay

District:	1:33.81	3/2/2018	Governor Mifflin
Pool Record:	1:34.16	3/1/2021	Hershey High School
Team	Relay	Seed Time	
1	Hershey	1:37.44	
2	Muhlenberg	1:37.45	
3	Wilson	1:38.49	
4	Exeter Township	1:39.08	
5	Cumberland Val	1:40.00	
6	Dallastown	1:40.35	
7	Ephrata	1:40.85	
8	Waynesboro	1:41.31	
9	Hempfield	1:41.96	
10	Governor Mifflin	1:42.68	
11	Chambersburg	1:43.75	
12	Central York	1:43.78	
13	South Western	1:43.95	
14	Mechanicsburg	1:44.65	
15	Manheim Township	1:44.82	
16	E-Town	1:44.84	
17	Reading	1:45.63	
18	Palmyra	1:45.98	
19	Central Dauphin	1:47.17	
20	Lower Dauphin	1:47.26	
21	Cedar Crest	1:47.32	
22	Gettysburg	1:47.37	
23	Northeastern	1:47.44	
24	Red Lion	1:48.08	
25	Penn Manor	1:48.15	
26	Dover	1:48.82	
27	Spring Grove	1:48.96	
28	Shippensburg	1:50.11	
29	Northern	1:50.30	

Event 7 Girls 100 Yard Freestyle

District:	49.40	3/3/2012	Meaghan Raab	
Pool Record:	49.40	3/1/2012	Megan Raab	
Name	Yr	School	Seed Time	
1	Sydney Gring	SR	Muhlenberg	50.95
2	Julia Havice	11	Dallastown	52.01
3	Eve Phillips	SO	Waynesboro	52.76
4	Gabrielle Istenes	SR	Exeter Township	53.40
5	Addie Scott	12	Solanco	53.61

2023 PIAA District 3 Girls 3A Championships - 3/3/2023 to 3/4/2023

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Psych Sheet

Event 7 ... (Girls 100 Yard Freestyle)

Name	Yr	School	Seed Time
6 Morgan Valeriano	SR	Wilson	53.73
7 Tenra Adams	JR	Warwick	53.92
8 Madalee Roberts	SO	Wilson	54.56
9 Evelyn Quick	FR	Wilson	54.58
10 June Grim	FR	Exeter Township	54.61
11 Kathryn Tanis	SR	Muhlenberg	54.61
12 Melanie Hahn	SR	Warwick	54.76
13 Micah Wiglesworth		Hempfield	54.90
14 Katelyn Spann	JR	Wilson	54.96
15 Morgan Lantz	JR	Palmyra	55.14
16 Anna Sassaman	JR	Manheim Township	55.21
17 Kaylee Cipolla	SO	Governor Mifflin	55.21
18 Grace Welsh	JR	Manheim Township	55.30
19 Allie Ludwig	FR	Ephrata	55.45
20 Brenna Tinsley	SR	Cumberland Val	55.94
21 Sara DeLoretta	JR	Governor Mifflin	56.03
22 Rendreizelle Colina	JR	Cumberland Val	56.11
23 Mya Beck	JR	Waynesboro	56.23
24 Madelyn Shifler	JR	Chambersburg	56.42
25 Anna Koger		Hempfield	56.51
26 Maya Brainard	SO	Gettysburg	56.67
27 Kinsey Coomes	SR	Cumberland Val	56.73
28 Tessa Cronin	SO	E-Town	56.81
29 Mikayla Seymour	SO	Governor Mifflin	57.10
30 Cath Martin	JR	Hershey	57.26
31 Sarah Czapp	12	Spring Grove	57.29
32 Elise Leonard	10	South Western	57.41
33 Laney Broadbent	SO	Cumberland Val	57.41
34 Ryleigh Czerwinski	11	Red Lion	57.44
35 Brenna Naddeo	SR	Waynesboro	57.51
36 Ashleigh Booths	9	Carlisle	57.65
37 Marianna Ott	JR	Reading	57.77
38 Kenzie Wolpert	FR	Penn Manor	57.84
39 Madison Kimmel	SR	Ephrata	57.86
40 Hailey Fegan	JR	Chambersburg	58.11
41 Sarah Ballou	10	South Western	58.12
42 Courtney Foose	JR	Mechanicsburg	58.47
43 Izzy Ward	SR	Northeastern	58.50
44 Issy Beck	JR	Hershey	58.52
45 Isabelle Heisey		Hempfield	58.55
46 Maddie Schoenbaum	JR	Palmyra	58.90
47 Layla Wallace	SO	Lower Dauphin	59.00
48 Chloe Ludwick	FR	Cedar Cliff	59.02
49 Miren McKinney	11	Dover	59.25
50 Sarah Althouse	SR	Muhlenberg	59.26
51 Bella Rudy	SR	Mechanicsburg	59.47
52 Madalyn Kauffman	FR	Shippensburg	59.60
53 Addy Dunlop	SO	Gettysburg	59.67
54 Julia Canadas Salan	FR	Gettysburg	59.75
55 Payton Wagner	JR	Exeter Township	1:00.94
56 Ava Mayer		Hempfield	1:01.08
57 Riley Emig	SO	Cedar Cliff	1:01.25
58 Layla Mahrady	SR	Cedar Cliff	1:01.38
59 Carlee Erikson	FR	Mechanicsburg	1:01.52
60 Katelyn McKenney	SO	Mechanicsburg	1:01.74

61 Ava Frontino	SO	Shippensburg	1:02.56
62 Chloe Ilgenfritz	09	Spring Grove	1:04.79
63 Leah Kochert	9	Central York	1:05.62

Event 8 Girls 500 Yard Freestyle

District: 4:54.31		3/1/2014		Sabrina Mortell	
Pool Record: 4:44.52		3/1/2014		Courtney Harnish	
Name	Yr	School	Seed Time		
1 Madeline Coombs	11	Carlisle	4:57.38		
2 Megan Unruh	SR	Exeter Township	5:01.74		
3 Ava Knopsnyder	SO	Ephrata	5:03.13		
4 Ellie Friedlander	SR	Governor Mifflin	5:05.33		
5 Natalie Colarossi	JR	Hershey	5:05.39		
6 Madeline Serfass	JR	Hershey	5:09.07		
7 Mary Boone	FR	Cumberland Val	5:13.73		
8 Jenna Krawlzik	JR	Wilson	5:14.79		
9 Aubrey Cramer	FR	Cumberland Val	5:17.24		
10 Maddie Buss	11	Central York	5:17.67		
11 Mary Carl	SR	Exeter Township	5:18.08		
12 Bella Wilkinson	10	Dallastown	5:19.06		
13 Alexis Nonnemacher	SO	Exeter Township	5:20.50		
14 Nevaeh Houck	SO	Wilson	5:20.78		
15 Annabelle Hoover	JR	Mechanicsburg	5:22.93		
16 Rachael Hess	JR	Muhlenberg	5:24.54		
17 Mackenzie Beerman	SR	Governor Mifflin	5:24.69		
18 Kauri Parsons	JR	Ephrata	5:25.99		
19 Vivian Rogers	JR	Exeter Township	5:26.02		
20 Carol Fabian		Hempfield	5:28.43		
21 Aaliyah Zimmerman	11	Northeastern	5:28.86		
22 Anna Burrowes	JR	Manheim Township	5:29.16		
23 Zoya Hasan	JR	Cumberland Val	5:29.40		
24 Evelyn Williams	JR	Wilson	5:29.85		
25 Morgan Bitting	FR	Wilson	5:31.15		
26 Madison Bortner	11	Spring Grove	5:31.19		
27 Nora Craig	12	Dover	5:31.80		
28 Caroline Hancock	FR	Cumberland Val	5:33.26		
29 Lillian Evans	SO	Chambersburg	5:34.36		
30 Kenna Follweiler	SO	Muhlenberg	5:35.77		
31 Emily Coombs	9	Carlisle	5:35.97		
32 Campbell Kurilla	10	Central York	5:35.99		
33 Megan Martin	SO	Ephrata	5:41.93		
34 Abby Anson	FR	Central Dauphin	5:44.20		
35 Linnea Miller	SO	Warwick	5:47.14		
36 Megan Claar	SR	Palmyra	5:48.78		
37 Alexia Calugar	09	Spring Grove	5:50.09		
38 Kayla Wolfe	FR	Chambersburg	5:52.07		
39 Morgan Bishop	SO	Gettysburg	5:52.56		
40 Katherine Gaalswyk	SO	Manheim Township	5:53.65		
41 Sydney Gray	SR	Mechanicsburg	5:58.53		
42 Lorelei Grove	12	Red Lion	6:02.94		
43 Kelsey Epoca	SR	Lower Dauphin	6:08.86		
44 Emma Klimchock	12	Central York	6:10.21		
45 Sophia Nestler	10	Spring Grove	6:16.94		
46 Maddy Mansell	SO	Northern	6:24.01		
47 Bella Roeting	FR	Lower Dauphin	6:24.53		
48 Liberty Dorsey	SR	Northern	6:27.81		
49 Kimberlyn Beeler	JR	Shippensburg	6:32.77		

2023 PIAA District 3 Girls 3A Championships - 3/3/2023 to 3/4/2023

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Psych Sheet

Event 9 Girls 100 Yard Backstroke

District:		54.23	3/1/2014	Meaghan Raab	
Pool Record:		53.92	2/11/2023	Jade Castro	
Name	Yr	School	Seed Time		
1	Cali Oyerly	SR	Hershey	57.45	___
2	Lauren Ramsey	SR	Exeter Township	57.58	___
3	Lydia McMullen	JR	Hershey	57.68	___
4	Mia Parry	FR	Garden Spot	58.59	___
5	Ashley Rauhauser	12	Spring Grove	58.60	___
6	Hanna Aggen	12	Red Lion	58.68	___
7	Lexi Stambaugh	SO	Wilson	58.98	___
8	Shailla Mejia		Daniel Boone	59.20	___
9	Olivia Vecchio	SO	Wilson	59.51	___
10	Lillian Farmer		Hempfield	1:00.21	___
11	Addison Buckman	FR	Cumberland Val	1:00.46	___
12	Leah Leonard	12	South Western	1:00.54	___
13	Caroline Schweigert		Hempfield	1:00.88	___
14	Lydia Williams	10	Dallastown	1:01.18	___
15	Eliza Sandhaus	JR	Cumberland Val	1:01.39	___
16	Elizabeth Gobin	12	Carlisle	1:01.68	___
17	Leia Wolf	JR	Muhlenberg	1:01.85	___
18	Emerson Mandrell	SO	Manheim Township	1:01.94	___
19	Kendall Stringe		Hempfield	1:02.01	___
20	Emma Fickett	SO	Hershey	1:02.69	___
21	Grace Welsh	JR	Manheim Township	1:03.10	___
22	Andrea Nguyen	SR	Cumberland Val	1:03.27	___
23	Bria Burkholder	SO	Ephrata	1:03.63	___
24	Carla Hidalgo	SO	Lebanon	1:03.68	___
25	Adelaide Pusey	SO	Warwick	1:03.95	___
26	Lauren Oswaldel	12	Dallastown	1:04.24	___
27	Julia Yates	12	South Western	1:04.42	___
28	Olivia Long	FR	Wilson	1:04.88	___
29	Elise Leonard	10	South Western	1:05.03	___
30	Caitlyn Bookamyer	12	Central York	1:05.17	___
31	Elayna Stubbe	SR	Central Dauphin	1:05.24	___
32	Shelby Heberlig	SO	Shippensburg	1:05.52	___
33	Savannah Pentz	SR	Northern	1:05.64	___
34	Addy Zimmerman	FR	Ephrata	1:05.71	___
35	Alison Keim	JR	Exeter Township	1:05.78	___
36	Emma Swanson	SR	Waynesboro	1:05.99	___
37	Abby Caltrider	JR	Chambersburg	1:06.07	___
38	Haley Minnich	JR	Governor Mifflin	1:06.07	___
39	Emma Friedlander	JR	Governor Mifflin	1:06.24	___
40	Sami Eisenhofer	JR	Wilson	1:06.83	___
41	Eliza Burrage	11	Dover	1:07.13	___
42	Layla Mahrady	SR	Cedar Cliff	1:07.34	___
43	Riley Emig	SO	Cedar Cliff	1:07.36	___
44	Kayla Wolfe	FR	Chambersburg	1:07.56	___
45	Miren McKinney	11	Dover	1:07.66	___
46	Olivia Hirst	FR	E-Town	1:07.66	___
47	Brenna Kretschman	JR	Mechanicsburg	1:07.89	___
48	Elizabeth Anthony	SR	Northern	1:07.98	___
49	Layla Wallace	SO	Lower Dauphin	1:08.63	___
50	Olivia Tipton	SR	Exeter Township	1:08.79	___
51	Sofie Ulatowski	JR	Exeter Township	1:08.93	___
52	Kathryn Wyrick	11	Spring Grove	1:09.23	___

53	Julia Canadas Salan	FR	Gettysburg	1:09.36	___
54	Masin Starner	10	Northeastern	1:09.73	___
55	Yassmin Houkasse		Red Land	1:09.85	___
56	Alexis Binkley	JR	Lebanon	1:10.26	___
57	Kelsey Epoca	SR	Lower Dauphin	1:13.88	___
58	Makayla Rivera	JR	Lower Dauphin	1:29.33	___
59	Maddy Weeter	FR	Lower Dauphin	1:31.39	___

Event 10 Girls 100 Yard Breaststroke

District:		1:00.74	1999	Kristen Woodring	
Pool Record:		1:01.16	3/1/2015	Vivian Tafuto	
Name	Yr	School	Seed Time		
1	Sydney Stasz	SR	Hershey	1:04.31	___
2	Emma Dougherty	SO	Wilson	1:05.14	___
3	Cami Schwartz	FR	Manheim Township	1:05.38	___
4	Araceli Skiles	SR	Cumberland Val	1:06.46	___
5	Morgan Keefer	SO	Northern	1:06.50	___
6	Emilie Mosner	JR	Manheim Township	1:06.93	___
7	Morgan Conway	JR	E-Town	1:06.97	___
8	Ana Tate	12	Central York	1:07.06	___
9	Mackenzie Caron	SO	Governor Mifflin	1:08.37	___
10	Mikayla Arthur	JR	Wilson	1:08.50	___
11	Melanie Robertson	12	Carlisle	1:09.23	___
12	Katie Chang	SO	Cumberland Val	1:09.27	___
13	Helen Ott	FR	Reading	1:09.38	___
14	Sadie Ludwick	JR	Cedar Cliff	1:09.40	___
15	Margot Ritchie	FR	Chambersburg	1:09.41	___
16	Makayla Yellets	JR	Muhlenberg	1:09.96	___
17	Avery Wenzel	JR	Wilson	1:10.09	___
18	Hailey Webster	JR	Governor Mifflin	1:10.56	___
19	Chloe Albrecht	10	South Western	1:11.07	___
20	Skylar Black	JR	Hershey	1:11.19	___
21	Erin Smith	JR	Muhlenberg	1:11.19	___
22	Emily Taylor		Hempfield	1:11.28	___
23	Allison Tinsley	FR	Cumberland Val	1:11.63	___
24	Abby Berarducci	JR	Palmyra	1:12.31	___
25	Sophia Rosenberg	SR	Cedar Crest	1:12.32	___
26	Tristen Thomas	10	Dover	1:12.54	___
27	Valerie Clabaugh	12	New Oxford	1:12.66	___
28	Colby Cox	11	Carlisle	1:12.77	___
29	Julia Garber	SO	E-Town	1:12.98	___
30	Genna McDonald	SR	E-Town	1:13.22	___
31	Marriel Keares	SO	Manheim Township	1:13.23	___
32	Kari Anderson	JR	Penn Manor	1:13.90	___
33	Caitlyn Martin	12	Spring Grove	1:14.73	___
34	Kathryn Fives	11	Central York	1:14.75	___
35	Mia Lamparter	9	Dover	1:15.14	___
36	MaryAlice Craig	11	Dover	1:15.71	___
37	Isabella Hettinger	FR	Wilson	1:15.87	___
38	Carolyn Eisenbach	JR	Warwick	1:16.29	___
39	Elise Brelsford	FR	Lower Dauphin	1:16.29	___
40	Berenice Araiza	JR	Cumberland Val	1:16.62	___
41	Ella Pfautz	FR	Ephrata	1:16.67	___
42	Olivia Seiberling	9	Central York	1:17.86	___
43	Hayley Brown	SO	Exeter Township	1:18.04	___
44	Maya Trowbridge		Hempfield	1:18.49	___
45	Rylee Oliphant	12	Red Lion	1:18.53	___

2023 PIAA District 3 Girls 3A Championships - 3/3/2023 to 3/4/2023

Champion automatically qualifies for PIAA Championships

Psych Sheet

Event 10 ... (Girls 100 Yard Breaststroke)

	Name	Yr	School	Seed Time	
46	Mary Grace Zumbrun	09	South Western	1:18.94	___
47	Karlie LaFaver	JR	Muhlenberg	1:19.38	___
48	Emma Sheridan	12	Spring Grove	1:22.08	___
49	Sophiya Reznikov	SO	Northern	1:27.83	___
50	Faith Fausnight	SO	Lower Dauphin	1:31.20	___

Event 11 Girls 400 Yard Freestyle Relay

District: 3:24.49 3/5/2011 Hershey

S Surfus, K Miller, Y Nakano, M Raab

Pool Record: 3:24.49 3/1/2011 Hershey High School

M Raab, M Lee, K Buchanan, M Veith

	Team	Relay	Seed Time	
1	Hershey		3:32.86	___
2	Exeter Township		3:33.03	___
3	Wilson		3:34.08	___
4	Central York		3:36.51	___
5	Muhlenberg		3:37.89	___
6	Dallastown		3:37.97	___
7	Hempfield		3:39.58	___
8	Ephrata		3:40.47	___
9	Manheim Township		3:41.57	___
10	Governor Mifflin		3:42.37	___
11	Cumberland Val		3:44.30	___
12	Waynesboro		3:44.71	___
13	Warwick		3:45.50	___
14	Carlisle		3:45.68	___
15	Spring Grove		3:49.66	___
16	Reading		3:51.22	___
17	Mechanicsburg		3:51.39	___
18	Cedar Cliff		3:53.05	___
19	Palmyra		3:53.35	___
20	Chambersburg		3:53.88	___
21	Dover		3:55.39	___
22	Northeastern		3:59.62	___
23	Shippensburg		4:03.84	___
24	Lower Dauphin	B	5:16.56	___